

Southwood Infant School

Sex and Relationships Policy

Introduction

Southwood Infant School recognises that Parents have the key role in teaching their children about sexual matters. The role of the school is a supportive one.

This policy specifies what the school means by sex education and what its aims are and the framework within which it teaches this. It will be taught as part of our Personal, Social and Health Education Curriculum studies.

Definition

The Sex and Relationship Education (SRE) Guidance 0116/2000 states ' It is a lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of family life, stable and loving relationships, respect, love and care. The term sex education refers to the teaching of information relating to reproduction, growth and development, personal relationships and citizenship. It is not about the promotion of sexual orientation or sexual activity - this would be inappropriate teaching".

Sex and Relationship Education at Southwood Infants is about:

- Attitudes and values.
- Learning the importance of values.
- Learning the value of family life, and stable and loving relationships for the nurture of children.
- Appreciating that not everyone is in the same family situation.
- Learning the value of respect, love and care.
- Exploring, considering and understanding moral dilemmas.

Personal and Social skills

- Understand the need to manage one's emotions and relationships and being able to respect oneself and others.
- Developing self-respect and empathy for others.
- Learning to be sensitive to the needs of others.
- Learning how to recognise and avoid certain types of unacceptable behaviour.
- Learning to make choices and consider the consequences of choices made.

Knowledge and Understanding

- Learning and understanding physical development at appropriate ages.
- Understanding about basic human reproduction, emotions and relationships.

Aims

At Southwood Infant school we aim:

- To provide clear guidance for parents, staff and governors.
- To help young people respect themselves and others.
- To support children through their physical, emotional and moral development.
- To develop skills and understanding to enable pupils to make healthy, responsible choices about their health and well being.
- To help the pupils understand the significance of stable relationships and its importance for family life - care is taken to ensure there is no stigmatisation of children based on their home circumstances.
- To help them be able to deal with their own feelings within their relationships with other people, especially within the family.
- To be developmental and be appropriate to the age and stage of the child. Common starting levels cannot be assumed.
- To encourage awareness, respect and responsibility for oneself and others.

Content of Programme

The Sex and Relationship Guidance (DFEE July 2000) recommends that SRE is delivered through the PSHE and Citizenship Framework and the 2000 Learning and Skills Act states that Sex Education contained in the National Curriculum Science orders are mandatory for all pupils.

In KS1

- That animals, including humans, move, feed, grow, use their senses and reproduce. (NC Science).
- To recognise and compare the main external parts of the bodies of humans. (NC Science).
- That humans and animals can produce offspring and these grow into adults. (NC Science).
- To recognise similarities and differences between themselves and others and treat others with sensitivity.
- To identify human family relationships and raise awareness of the various types of human families.

- That families and friends should care for each other.
- To develop confidence in talking, listening and thinking about feelings and relationships.
- To develop ideas of non-stereotype gender roles.

Organisation

The SRE curriculum will be planned and delivered by the relevant year groups. Teachers will use a range of teaching methods to suit the topic and their pupils.

Topics for Teaching SRE in KS1 over a two year cycle

- People in my life - what they do for me and what I do for them.
- My moods - feeling happy, sad.
- Friendships.
- Loss and mourning - a person, a pet.
- Keeping safe - dangers I might come up against and saying no.
- My body and other people's bodies - similarities and differences.
- The beginning of life - me, animals and plants.
- Growth in people, animals and plants.
- Ageing - how we know things are alive, dead, young or old.
- Changes as we grow.
- Different types of families.
- Feelings in the family - love, jealousy.
- What helps people to get along with each other - listening, sharing.
- What makes me happy.
- What I like or don't like about other people.
- What other people like or don't like about me.
- Keeping safe.
- Caring for myself - hygiene, sleep, exercise.
- People who help me to care for myself.
- Inside my body - the functions of different parts.

Parental Withdrawal

Parents have the right to withdraw their child from those elements of the SRE Programme that do not form part of the Statutory National Curriculum.

At Southwood Infant School parents will be 'reassured' that the personal beliefs and attitudes of teachers do not influence the teaching of SRE within the PSHE

framework. Teachers and all those contributing are expected to work within an agreed values framework as described in the schools policy (SRE guidance 0116/2000) Parents will be given the opportunity to discuss the policy document, schemes of work, methods of teaching and resources. SMT, PSHE co-ordinator will be available to answer any specific questions raised by parents.

Ratified by Governing Body: February 2012

Review Date: February 2015

Signed: